

Svetlana Zaydman, D.O.

EDUCATION

- D.O., New York College of Osteopathic Medicine, Old Westbury, NY 2005
- M.D., Novosibirsk Medical School, Novosibirsk, Russia 1999
- B.S., Physician Assistant Program, Touro College, Dix Hills, NY 1991

RESIDENCY

July 2006 - June 2009 PM&R, PGY 2- 4. Albert Einstein College of Medicine, Montefiore Medical Center, Bronx, NY

INTERNSHIP

July 2005 - June 2006 Transitional Internship. Seton Hall University, St. Michael's Medical Center, Newark, NJ

CERTIFICATIONS & LICENSES

- New Jersey State Board of Medical Examiners, 2013
- Minnesota State Board of Medical Examiners, 2013
- California D.O. Board Certificate, 2013
- Arizona D.O. Board Certificate, 2013
- **Board certified in PM&R, 2010**
- **Board certified in Pain Medicine, 2011**
- BLS/ACLS

CLINICAL SKILLS

- Fluoroscopically-guided Epidural steroid injections
- Spinal nerve blocks
- Zygapophyseal joint injections
- Sacroiliac joint injections
- Medial branch blocks
- Thermal (radiofrequency) denervation
- Manipulation under anesthesia
- Ultrasound-guided peripheral joint injections
- Regenerative Treatments with PRP and Prolotherapy
- Trigger point injections
- Botulinum toxin injections
- Occipital nerve blocks
- Osteopathic Manipulative Medicine
- Electromyography/Nerve conduction studies

EMPLOYMENT

- May 2014 - present Valley Pain Relief and Wellness Center, Burnsville, MN
Position: Medical Director
- Aug 2011 - April 2014 Britton Pain Center, St Paul, MN
Position: Medical Director, Director of Clinical Services
- Nov 2009 - Aug 2011 Interventional Pain Solutions, PLLC
Position: Interventional Physiatrist, Pain Medicine Physician
- Oct 2001 - June 2002 The Atkins Center, New York, NY
Position: Senior Cardiology Physician Assistant
- Oct 1998 - Oct 2001 The Corsello Centers, Nutritional Medicine, New York, NY
Position: Physician Assistant
- Nov 1995 - June 1997 St. Barnabas Medical Center, Department of Neurosurgery, Livingston, NJ
Position: Neurosurgery Physician Assistant
- Aug 1994 - Nov 1995 St. Barnabas Medical Center, Department of Orthopedics, Livingston, NJ
Position: Physician Assistant
- June 1992 - June 1994 Mount Sinai Medical Center, Nuclear Cardiology Department, New York, NY
Position: Physician Assistant

RESEARCH EXPERIENCE

- July 2006- June 2009 Albert Einstein College of Medicine, Montefiore Medical Center, NY
Rehabilitation Resident Research
- Clerkship in clinical research involving Botox injections in treatment of intractable migraine headaches. Andrew Blumenfeld, MD Director. The Headache Center of South California, Encinitas, CA, July 2007.
 - Conceptualized, researched, introduced, and conducted grant-funded research on “Botox injections in treatment of myofascial pain syndrome” as primary investigator. AECOM, Dept. of PM&R. IRB approved. Mark A. Thomas MD, PM&R Residency Program Director. July 2007.
 - Conceptualized, researched, introduced, and revised original protocol and questionnaire “Protein deficiency and exercise performance in rehab patients.” AECOM, Dept. of PM&R, Cardiopulmonary rehab. Pending. IRB approval. David Prince MD. January 2009.
 - Abstract “Alien Hand syndrome in 34 year-old left-handed woman with Moya-Moya syndrome” - accepted for poster presentation at AAN annual meeting, Seattle, 2009.
 - Conducted a retrospective study research on “Evaluation of the effects of the short term pelvic floor rehab in women with urinary incontinence.

PRESENTATIONS

- “Unusual case of streptococcus mitis endocarditis in IV methamphetamine user.” April 2013 poster presentation at ASAM annual conference.
- “Whiplash Injury” May 2007, Grand Rounds, Dept. of PM&R, AECOM.
- “Management of Lymphedema” March 2008, Grand Rounds, Dept. of PM&R, AECOM.

PROFESSIONAL SOCIETIES

- Member: American Osteopathic Association
- Member: American Medical Association
- Member: North American Spine Society
- Member: APM&R
- Member: AAPM

VOLUNTEER WORK

Dec 2007 - April 2008 Medical education for senior citizens at Riverdale YMCA; Bronx, NY

Sept 2002 - May 2004 Learned and practiced the application of “Body Tuning,” manual therapy, laser therapy, physical therapy and modalities; Tatz Studio, New York, NY

Oct 2002 - Jan 2001 Helped other medical students with learning materials; provided assistance during prosections in anatomy lab; NYCOM Anatomy Dept., Old Westbury, NY

INTERESTS

Fencing, tennis, skiing, running, reading, music and travel